

EMERGENCY MEDICAL SERVICES AUTHORITY

***CHILD CARE 7 HOUR PREVENTIVE HEALTH and SAFETY
TRAINING CURRICULUM REVIEW APPLICATION***

Date: _____

Training Program

Name of Program: _____

Program Director: _____

Program Address: _____

Telephone Number: _____

Fax Number: _____

Business License number if applicable: _____

Are you a business that has affiliate programs? Yes _____ No _____

If yes, attach a copy of all the names of your affiliate instructors, their training business names (if different from yours), their program address and phone numbers. Attach affiliate list as Attachment A.

List below the county and cities of the training areas you plan on serving:

**California Code of Regulations
Title 22, Division 9, Chapter 1.1
Training Standards for Child Care Providers**

Section	Description
100000.18	<p style="text-align: center;"><u>Application Complete?</u> <i>Check off (or mark N/A) if included:</i></p> <ul style="list-style-type: none"><input type="radio"/> Program Director's resume<input type="radio"/> Copy of Curriculum<input type="radio"/> Signed "Verification of Compliance", Page 10<input type="radio"/> Workbooks<input type="radio"/> Videos<input type="radio"/> Textbooks<input type="radio"/> Handouts

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.21	<p><u>Director Requirements</u> (Note: Attach Director Resume)</p> <p>Qualified by education and experience in methods, materials, evaluation of instruction.</p>		
	<p>Duties of Director: (Note: Attach Job Description)</p> <p>(a) Administering the program</p>		
	<p>(b) Approving course content</p>		
	<p>(c) Approving all written and skills exams</p>		
	<p>(d) Coordinating all instructional activities</p>		
	<p>(e) Approving and monitoring instructor training</p>		
	<p>(f) Approving and monitoring all instructors and affiliate program directors</p>		
	<p>(g) Notifying affiliate programs, in writing of all changes in curriculum, regulations and policies issued by EMSA</p>		
	<p>(h) Assuring compliance with regulations</p>		
100000.24	<p><u>Instructor Training Requirements</u></p> <p>Criteria used for determining need for instructor training.</p>		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.25	<u>Instructor Training Course Requirements</u> (Attach Train-the-Trainer Curriculum) (a) Adult teaching methods		
	(b) Teaching presentation and student assessment		
	(c) Information provided on child development impact and issues		
	(e) Topics and Skills in Section 100000.30 b		
	(f) Assurance that curriculum includes information on cultural awareness and sensitivity		
	(g) Assurance that child care context is part of all content areas in the curriculum		
	(h) Information provided regarding knowledge of child care		
	(i) Information provided regarding child care statutes and regulations		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.26	<p><u>Evaluation of Instructor Competence</u></p> <p>List methods used to evaluate instructor competency:</p> <p>(a) Demonstration of mastery in all curriculum areas</p>		
	<p>(b) Essential knowledge and skills assessment</p>		
	<p>(c) Use of problem solving scenarios as teaching tools</p>		
100000.27	<p><u>Instructor Certification/Authorization Requirements</u></p> <p>(a) Copy of instruction certificate card</p>		
	<p>(b) Evaluation tool for instructors</p>		
	<p>(c) Copy of instructor recertification cards</p>		
100000.28	<p><u>Instructor Monitoring</u> (Attach description of monitoring forms used)</p> <p>(a) Student evaluations and direct observation of provider training</p>		
	<p>(b) Agreement of Understanding with each instructor to ensure instruction utilizing EMSA-approved curriculum</p>		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.30	<p><u>Required Course Content</u></p> <p>(1) Prevention of Infectious Disease</p> <p>(A) Standard (Universal) Precautions</p>		
	<p>1. Sanitation</p>		
	<p>2. Hand washing</p>		
	<p>3. Use of gloves</p>		
	<p>(B) 2. Diapering</p>		
	<p>(C) Childhood immunizations (age and type requirements)</p>		
	<p>(D)(E) Maintenance of health records and forms; process for review of medical information, including medication administration, allergies, immunizations, health insurance</p>		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.30	(F) Infectious disease policies 1. Notices for exposure to disease		
	2. Guidelines for the exclusion/inclusion of sick children		
	3. Diseases that should be reported to local health agencies and to the child care facility children's parents		
	4. Guidelines for managing mildly ill children		
	5. Guidelines for staff health regarding potential risk of infectious diseases, including cytomegalovirus (CMV) and Hepatitis B		
	(G) Community Resources: information on local resources for services that deal with children's health and prevention of infectious disease shall be given to trainees by the training instructor		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.30	(2) Child Injury Prevention (A) Risk of injury related to developmental stages (i.e., falling, head injuries, choking, suffocation, burns, poisoning (lead, iron, other medications), oral injury, drowning, injuries from weapons, and injuries from animals)		
	(B)(D) Establishing and adhering to safety policies; managing children's risky behaviors that can lead to injury		
	(C) Procedures to reduce the risks of Sudden Infant Death Syndrome (SIDS) and Shaken Baby Syndrome		
	(E) Regular assessments for the safety of indoor and outdoor child care environments and play equipment		
	(F) Transportation of children during child care: 1. Motor vehicle safety		
	2. Child passenger safety		
	3. Field trip safety		
	4. School bus safety		
	(G) Community resources: information on local resources for services that deal with children's health and the prevention of childhood injuries shall be given to trainees by the training instructor.		
	(H). Community resources, where to go in your community for help and information regarding child abuse.		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.30	(C) Course content MAY INCLUDE: (1) Children's nutrition (A) Food pyramid (B) Appropriate eating behavior (C) Specialized diets (D) Awareness of feeding/growth problems (E) Diet and dental decay		
	(2) Environmental sanitation (A) Vector prevention (B) Kitchen cleanliness and sanitation (C) Toilet and diapering sanitation		
	(3) Air quality (A) Hazards of smoking (B)(C) Air filters clean/Importance of fresh air (D) Hazards of fireplaces (E) Allergens and respiratory illness		
	(4) Food Quality (A)(B) Safe food practices and food handling (C)(D)(E) Cooking safety/Food preparation/storage (F) Fully cooking meats and eggs (G) Pasteurized foods (H) Dangers of e.coli/salmonella		
	(5) Water Quality		
	(6) Children with special needs (A) Knowledge of resources available (B) Knowledge of the Americans with Disabilities Act (ADA)		
	(7) Community resource services for children with special needs.		
	(8) Child abuse identification and prevention (A) Mandated reporting requirements (B) Signs of child abuse/neglect (C) Care giver stress relation to child abuse		
	(10) Earthquake and emergency preparedness (A) Preparing child care environment for major disasters (B) Community resources for gaining information in preparation for disasters/assistance in case of disaster		

Section	Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
100000.32	<p><u>Student Competency Evaluation</u> (Describe in detail)</p> <p>Plan for evaluating trainee competence in all content and skills. MAY include:</p>		
100000.33	<p>(a) Self-evaluation</p>		
	<p>(b) Demonstration of mastery (non-written)</p>		
	<p>(c) Written skills test</p>		
	<p>(d) Problem solving scenarios</p>		
100000.33	<p><u>Class Rosters</u> (Attach blank roster)</p> <p>Roster to include:</p>		
	<p> ` Name, address, phone of student (may use work info)</p>		
	<p> ` Serial number of EMSA sticker</p>		
100000.34	<p><u>Course Completion Documents</u> (Attach blank course completion card)</p> <p>Course completion document to include:</p>		
	<p> ` Name of program director</p>		
	<p> ` Name and signature of course instructor</p>		
	<p> ` Completion date</p>		

Preventive Health and Safety Course Instructor Requirements
Verification of Compliance

This is to certify that _____ for _____
Program Director *Training Program*

shall verify that all program instructors are in compliance with the **California Code of Regulations, Title 22, Division 9, Chapter 1.1, Training Standards for Child Care Providers**, as follows:

Section 100000.18

- ˆ Copies of all certification cards and documentation of required education for each instructor will be kept on file and made available to the Emergency Medical Services Authority upon request.

Section 100000.24

- ˆ Current Pediatric First Aid Card
- ˆ Current CPR Card
- ˆ Primary Education:
in effect before 1/2001: 24 hrs. of child preventive health and safety training, which may include teaching experience

effective after 1/2001: Completed minimum of 24 hrs. of child preventive health and safety training within 12 months prior to teaching

- ˆ Additional Education:
8 hours of training in the approved program curriculum for instructors with previous instructor training and/or demonstrated competency in essential skills (*Program Directors who also provide instruction automatically meet this requirement*) **OR**

24 hours of training for instructors with no prior instructor training and/or demonstrated competency in essential skills.

Section 100000.27

- ˆ Each instructor will be provided certification cards upon successful completion of an approved instructor training program. Certification cards will contain an expiration date not to exceed two years from the date of instructor certification. Recertification cards will be provided to qualified instructors upon expiration of original certification.
- ˆ Each instructor will be evaluated to determine the number of retraining hours needed, and provide training in any of the approved program course content.

Director Signature

Date

California Code of Regulations

Title 22. Social Security
Division 9. Prehospital Emergency Medical Services
Chapter 1.1. Training Standards for Child Care Providers

Article 3. Training Program Approval

§ 100000.18. Application Process for Program Review and Approval.

Training programs in pediatric first aid, pediatric CPR, and preventive health and safety shall submit to the EMS Authority the following information when applying for program review and approval:

- (a) Name of the program, name of the business (if it is different than the name of the program), business address, telephone number and program director of the training program, institution, organization, or agency;
- (b) A resume of the director's education and experience in methods, materials, and evaluation of instruction in the areas of child care training (pediatric first aid, CPR, and preventive health and safety);
- (c) Completed application (Form EMS-App 100-1/95 for the pediatric first aid and CPR program or Form EMS-App 102-1/99 for the child preventive health and safety program incorporated by reference) with the following attachments:
 - (1) A copy of the training course curriculum, including any workbooks, videos, textbooks, or handouts if used in the course;
 - (2) A detailed plan for evaluation of trainee competency;
 - (3) A detailed plan for evaluation of instructor competency;
 - (4) A detailed curriculum for instructor training in the pediatric first aid, and CPR, or the preventive health and safety training for child care providers;
 - (5) A list of all affiliated training programs;
 - (6) A copy of the business license (if licensed); and
 - (7) The required fees for program review and EMS Authority course completion stickers.
- (d) All program materials specified in this chapter shall be subject to periodic review, evaluation and monitoring by the EMS Authority.

NOTE: Authority cited: Sections 1596.866 and 1797.107, Health and Safety Code. Reference: Sections 1596.866, 1797.113 and 1797.191, Health and Safety Code.

1- Hour Nutrition Application

Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
<u>Required Course Content</u>		
(a) Provide basic information about the USDA’s Child and Adult Care Food Program (CACFP): how to access the program and how to obtain information on CACFP eligibility, enrollment, and reimbursement rates by contacting the CACFP Unit of the California Department of Education (CDE) Nutrition Services Division. The training shall provide California CACFP program contact information.		
(b) Refer trainees to the California Emergency Medical Services Authority (EMSA) Child Care Nutrition Training webpage for resources and additional information about children’s nutrition. Inform child care providers that more in-depth information about the topics in the nutrition training can be found on the EMSA Child Care Nutrition Training webpage (www.emsa.ca.gov/childcare_nutrition).		
(c) A brief overview of the positive effects of healthy nutrition on the developing child and on the overall health of children ages 12 and younger.		
(d) Basic Information about California’s Healthy Beverages in Child Care Law (AB 2084, 2010) that includes the following:		
1. Clean and safe drinking water must be readily available throughout the day, including at all meal, snack and play times.		
2. Serve only fat-free or low-fat (1%) unsweetened, plain milk for children two years of age or older.		
3. Provide no more than one serving (4-6 ounces) per day of 100 percent juice		

Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
<p>4. Beverages with added sweeteners, either natural or artificial, are prohibited (not including infant formula or complete balanced nutritional products designed for children).</p>		
<p>(e) Best practices for feeding infants and toddlers including breast milk, iron fortified formula, and introducing first foods.</p>		
<p>(f) Overview of how to serve age appropriate healthy foods at each snack and meal that are based on the standards of the current Dietary Guidelines for Americans.</p>		
<p>(g) Ways to cut back on foods high in solid fats, added sugars, and salt.</p>		
<p>(h) Explanation of how to use food labels to help identify healthy choices.</p>		
<p>(i) Best practices for building healthy eating habits in children, including the division of responsibility in feeding, based upon the current standards of the American Academy of Pediatrics and Caring for our Children.</p> <p style="text-align: center;">This information for this topic shall include:</p> <ol style="list-style-type: none"> 1. The child care provider is the role model for healthy eating while children are in the child care environment. 		

Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
2. The division of responsibility: the child care provider chooses which healthy foods to prepare and offer to children, when and where to provide food; children choose what and how much they will eat from the foods offered.		
3. Allow children to serve themselves: they choose what they want from what you serve, they choose what proportions to put on their plates, and they decide when they are “full”		
4. Child Care providers eat with the children at the communal table.		
5. Offer a variety of foods from each of the food groups (fruits and vegetables, meat and meat alternatives, grains including mainly whole grains, and dairy products). Colorful foods with varying textures appeal to children’s palates.		
6. Encourage children to taste a new food, but do not force or reward children to eat or clean their plates. It is normal for children to dislike some foods and favor others.		
7. Children may need to be introduced to a new food 10 to 20 times before they accept it.		
8. Planning menus helps to provide a healthy variety of foods to children, and can help save money.		
(j) The benefits of developing written nutrition policies for the child care setting		

Description	Page/ Attachment #	Action Required/Recommendations/Comments EMSA Use Only
1. Refer to the EMSA Child Care Nutrition Training webpage (www.emsa.ca.gov/childcare_nutrition) for samples and further guidance regarding policy writing,		
(k) Overview of information regarding food allergies and food safety on the EMSA child Care Nutrition Training webpage.		